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**Welcome
to the
ERHS
2016-2017
Cheer Squad
Info Session!**

Our Goal

- Get our student body positively involved in school events
 - Lead by example
 - Be a role model
 - Be positive and energetic

CHEERLEADING



Time Commitment

- Cheerleading is a HUGE time commitment and is year round!
- We cheer for Football, Basketball, Wrestling, Special Olympics Basketball, Daffodil Parade
- We also compete during fall and winter months
 - 3-4 competitions on Saturdays
- Busiest month will be January
- Cheerleaders will be expected to manage their time effectively. This means completing school work and attending cheer practice/games

Attendance

- Communication is key
 - If you are sick
 - If you are going to be late
 - If there is some sort of emergency
- Absences can result in disciplinary actions if communication does not happen

Attendance



- District Policy 2151R 2.D states:
 - Any student participating in an activity shall be expected to attend and participate in all classes on the day of the scheduled activity. On any school day, students must be in attendance at least one half day to participate in practice.

Maintaining Eligibility

- District Policy 2151R.1.A states:
 - Receive a minimum 2.0 Grade Point average (transcripted grades) in the immediately preceding semester in order to participate and be eligible to compete during the succeeding semester
 - Pass 5 of 6 classes in the immediately preceding semester in order to participate and be eligible to compete during the succeeding semester

- If a progress report indicates that these requirements are not being met, you will be placed on academic probation until eligibility is met
- Can participate in study hall to get additional help
- Grades for 2016-2017 squad will be checked after 2nd semester of this year

Expectations



- Positive
- Social media
- Professional behavior
- Follow school rules



Costs

- Individual uniform/accessory costs estimated at up to \$1200 (\$700-800 for boys) and are the individual/family's responsibility
 - Camp fee is approximately \$190
- Fundraise to help offset team costs (comp fees, routine, music cost)
- Any team costs that are not fully paid for by fundraising will be added to your individual cost

Costs

- Payment:

- Uniforms/accessories must be paid for in full by the first football game or you will not be eligible to cheer
- Recommended payment: $\frac{1}{3}$ in June, $\frac{1}{3}$ in July, $\frac{1}{3}$ in August
- Camp costs need to be paid in full before camp begins
- Should any additional changes or charges arise cheerleaders and parents will be notified immediately
- Returning team members will not be eligible to cheer unless your previous balance has been fully paid

Misc. Costs

- Tumbling Classes (\$35/class)
 - Pay at tumbling facility
- Secret Santa Gift
- Senior Night Goodies
- ASB & Athletic Fees: Must be paid to bookkeeper at ERHS

Uniforms

- We will use 1 uniform this year
- New members will be required to purchase a uniform
 - We will order in May
- They are an investment! Worn over 40 times in a school year
- Accessories needed as well

Uniforms



Accessories Needed:

- 2 Bows (Pink and ERHS)
- 3 sets of poms (Pink, solid, multi-colored)
- Warm-up pants/Thick Jacket/Thin Jacket
- Compression shorts
- Cheer shoes
- Pink cheer socks and Black cheer socks
- Personalized backpack
- Poncho
- 1 Camp outfit that will be used at events
- Sweatshirts/t-shirts (extra team gear optional)

Squad Structure

- Competition oriented squad!
 - All squad members are expected to participate in fundraising
- Will be competing with approx. 12 cheerleaders
 - More than 12 will be selected to be on the squad
- Coaches will select the competition group and alternates
- All cheerleaders required to learn the competition routine
 - Competition squad will have a more rigorous practice schedule
- All cheerleaders will equally share competition costs, should they not be paid for by team fundraising

Tryout Clearance Process

- **Girls and boys welcome to tryout!**
- All participants must have athletic clearance/green card before the first day of tryouts
- Please complete all online clearance forms (found on ERHS athletics Edline page) then see Mr. Kase with a current physical to obtain a green card
 - If you already have a green card/physical on file at ERHS, please see Mr. Kase
- Kase will be available 4/18-4/20 before school, during JAG/1st lunch and after school until 4 PM. He will NOT be available the week of tryouts
- Please obtain your clearance before the week of tryouts

Tryouts

- April 26th-April 29th
 - Located in ERHS gymnasium- CLOSED TO SPECTATORS
 - Tryout application/signed contract need to be turned in NO later than Monday, April 26th in the ERHS main office
- 3:15-5:15 PM Tuesday-Thursday
 - 3 stations - Dance, Cheer, and Chant/Jumps/Technique
 - Begin with 15 warm up circle on each day
 - Day 1 & 2: 35 minute grouped rotations through all 3 stations
 - Day 3: Spend your time at stations you need work on
 - Videos of dance, cheer, and chant posted on YouTube
 - Coaches will pull participants for interview/tumbling throughout (tumbling will add points to your score)
- Judging will be on Friday, April 29th at 3:15 PM

Tryouts

- Friday Tryout Performance includes:
 - Dance, Cheer, Chant (short), Rally, Interview and Tumbling demonstration
 - Groups of 4-5; randomly picked
 - Performance groups/times posted on Friday, please be on time!
 - Judging rubric will be posted on Edline
- Results posted on Edline no later than Saturday, April 30th

Upcoming

- Camp
 - REQUIRED for all cheerleaders
 - August 1-3
 - Home Camp at ERHS
 - Approximately \$190 per cheerleader- due before camp
- Summer activities
 - June welcome meeting
 - Practices beginning mid-August
 - Fundraisers (car wash, Wendy's, etc.)

Questions?

- Coach contact info:
 - Coach Zancanella
 - (253) 435-6308
 - zancac@puyallup.k12.wa.us
 - Coach Beam
 - (253) 435-6817
 - beamtk@puyallup.k12.wa.us